

Trail Information...

The Original
Trail Centre
Coed y Brenin



For more trail and visitor information, to plan your visit, book bike hire or Click&Collect MTB essentials from our shop, visit:



beicsbrenin.co.uk

SHOP

A well stocked shop on site for all your MTB needs.

Trail essentials, tools, energy and hydration along with clothing from Fox and Endura, helmets, gloves, pads and a workshop carrying essential spare parts. Click & Collect via our online store or drop in for some bike retail therapy.



BIKE HIRE

Looking to hire a bike for your forest adventure?

Beics Brenin have a wide range of quality bikes from hire partners Trek and Specialized including hardtail, full-suspension and full-suspension emtb models for rental on the forest parks extensive trail network.



TREK SPECIALIZED

MTB SKILLS TRAINING

Looking to improve your bike handling skills?

Boost confidence or maybe qualify to use your skills to teach others? Coed y Brenin is the perfect choice for your skills training. Our training partners Pedal MTB offer a wide range of courses at Coed y Brenin.



Continue to trail map...▷



Llwybr MBR

Gradd.....Du/Caled
Amser1.5-3 awr
Pellter 18.4km
Dringo..... 410m

Dosbarth y Llwybr	Du/Caled
Yn addas i	Beicwyr mynydd profiadol, sy'n gyfarwydd â llwybrau sy'n heriol gorfforol. Beiciau mynydd oddi ar y ffordd o ansawdd da.
Mathau o lwybrau ac arwyneb	Fel y 'Coch' ond gyda disgwyliad o fwy o sialens ac anhawster parhaus. Gall gynnwys unrhyw lwybr defnyddiol yn ogystal ag adrannau o fryniau agored digysgod.
Nodweddion graddiant a thechnegol y llwybr	Disgwyliwch ddod ar draws nodweddion llwybr technegol a graddiannau helaeth, caled ac anosgoadwy. Fe fydd adrannau'n heriol ac amrywiol. Yn ogystal gellir cael adrannau 'gwaeredol'.
Lefel ffitrwydd awgrymiedig	Addas i bobl actif sy'n gyfarwydd gydag gweithio'n galed.

MBR Trail

Grade..... Black/Severe
Time..... 1.5-3 hours
Distance..... 18.4km
Climb 410m

Bike Trail Grade	Black/Severe
Suitable for	Expert mountain bike users, used to physically demanding routes. Quality offroad mountain bikes.
Trail & surface types	As 'Red' but with an expectation of greater challenge and continuous difficulty. Can include any useable trail and may include exposed open hill sections.
Gradients & technical trail features (TTFs)	Expect large, committing and unavoidable TTF's. Sections will be challenging and variable. May also have 'downhill' style sections.
Suggested fitness level	Suitable for very active people used to prolonged effort.



Parc Coedwig
Coed y Brenin
Forest Park

Llwybr Beicio Mynydd MBR Mountain Bike Trail



Hen ffeffryn, gyda chymysgedd o lwybrau creigiog, traciau culion llyfn braf, a rhannau a nodweddion newydd sbon danlli.

Byddwch yn carlamu ar greigwely, yn chwysu chwartiau i fyny ac i lawr gelltydd geirwon, yn saethu rownd corneli, yn taclo llwybrau troellog, yn chwyrlio i lawr grisiau, yn gollwng i'r gwagle cyn saethu allan fel cath i gythraul! Llond trol o hwy! sy'n siŵr o roi gwên ar eich wyneb!

Llwybr caled iawn gyda digonedd o giamocs, felly cofiwch wneud yn siŵr eich bod yn barod am yr her.

This trail is a real favourite; with a great mix of rocky gnarlyness, fast, flowing singletrack, plus new style features and sections.

You'll be riding over bedrock, negotiating loose, rocky, climbs and descents, swooping round berms, finding a rhythm over huge rollers, flying down steps, dropping into the 'Cavity' and getting spat out the exit with as much style as you can muster! It's a blast that puts a big grin on your face!

A severe trail with unavoidable fly-offs, so be sure your skills are up to it.



Mae coetiroedd Llywodraeth Cymru wedi'u hardystio'n unol â rheolau'r Forest Stewardship Council®
Welsh Government woodlands have been certified in accordance with the rules of the Forest Stewardship Council®



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www.cyfoethnaturiol.cymru
www.naturalresources.wales



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Llywodraeth Cymru
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mbwales.com

-  Llwybr MBR
MBR trail
-  Trac sengl
Singletrack
-  Ffordd coedwig
Forest road
-  Ffordd cyhoeddus
Public road
-  Postyn lleoliad
Waymarker
-  Parcio
Parking
-  Gwybodaeth
Information
-  Toiledau
Toilets
-  Mynediad hawdd
Easy access
-  Caffi
Café
-  Siop feics
Bike shop
-  Y safon uchaf
Top of the grade

Cadwch lygad am arwyddion rhybudd "Y Safon Uchaf". Efallai yr hoffech chi gael golwg arnyn nhw cyn mentro. Look out for these "Top of the grade" warning signs. You might want to inspect these features before you ride them.



Canolfan Ymwelwyr
Visitor Centre



ARGYFWNG AR Y LLWYBRAU

- Ffoniwch 999 a gofynnwch am yr Heddlu.
- Gwnewch gofnod o ran arbennig y llwybr neu rif yr arwyddbost agosaf.
- Nid yw signalau ffonau symudol yn ddibynadwy ar hyd y llwybrau.
- 'Lleoliad presennol' Llwybr MBR, Parc Coedwig Coed y Brenin, Canolfan Ymwelwyr LL40 2HZ.

EMERGENCY OUT ON THE TRAILS

- Phone 999 & ask for Police.
- Make a note of the trail section or the number on the closest waymarker post.
- Mobile phone coverage is patchy throughout the trails.
- 'Current location' MBR Trail, Coed y Brenin Forest Park, Visitor centre LL40 2HZ.



Dihangfa yn ôl i'r
Ganolfan Ymwelwyr
Escape route back
to the Visitor Centre



Dilynwch y symbol
cyfeirbywynt hwn er mwyn
dychwelyd i'r ganolfan
ymwelwyr ar lwybr lefel isel.
Follow this waymarker icon
if you need a low level route
back to the visitor centre.

Tyddyn
Gwladys

Cae'n y Coed

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