

Trail Information...

The Original
Trail Centre
Coed y Brenin



For more trail and visitor information, to plan your visit, book bike hire or Click&Collect MTB essentials from our shop, visit:



beicsbrenin.co.uk

SHOP

A well stocked shop on site for all your MTB needs.

Trail essentials, tools, energy and hydration along with clothing from Fox and Endura, helmets, gloves, pads and a workshop carrying essential spare parts. Click & Collect via our online store or drop in for some bike retail therapy.



BIKE HIRE

Looking to hire a bike for your forest adventure?

Beics Brenin have a wide range of quality bikes from hire partners Trek and Specialized including hardtail, full-suspension and full-suspension emtb models for rental on the forest parks extensive trail network.



TREK SPECIALIZED

MTB SKILLS TRAINING

Looking to improve your bike handling skills?

Boost confidence or maybe qualify to use your skills to teach others? Coed y Brenin is the perfect choice for your skills training. Our training partners Pedal MTB offer a wide range of courses at Coed y Brenin.



Continue to trail map...▷



Graddau Trac Sengl

Graddfa llwybr beicio	Mathau o lwybrau ac arwyneb	Nodweddion graddiant a thechnegol y llwybr
 Gwyrdd Rhwydd	Eithaf gwastad a llydan. Gall arwyneb y llwybr fod yn rhydd, anwastad neu fwdlyd ar brydiau. Gall gynnwys adrannau byr untrac llifol.	Mae'r rhan fwyaf o'r dringfeydd a'r disgyniadau yn fas.
 Glas Cymedrol	Fel y 'Gwyrdd' gyda thrac sengl wedi ei adeiladu'n arbennig. Gall arwyneb gynnwys rhwystrau bychan fel gwreiddiau a chraig.	Mae'r rhan fwyaf o raddiannau'n gymedrol ond gall fod yna adrannau serth byr. Cynnwys nodweddion llwybr technegol a graddiannau bach.
 Coch Anodd	Yn fwy serth a chaled, trac sengl gan fwyaf gydag adrannau technegol. Disgwyliwch lawer o arwynebedd amrywiol.	Fe fydd yna amrywiaeth eang o ddringfeydd a disgyniadau eithaf heriol. Disgwyliwch ddod ar draws llwybrau bordiau, ysgafellau, creigiau mawr, camau cymedrol, disgyniadau, cambrau, a chroesi dŵr.
 Du Caled	Fel y 'Coch' ond gyda disgwyliad o fwy o sialens ac anhawster parhaus. Gall gynnwys unrhyw lwybr defnyddiol yn ogystal ag adrannau o fryniau agored digysgod.	Disgwyliwch ddod ar draws nodweddion llwybr technegol a graddiannau helaeth, caled na ellir eu hosgoi. Fe fydd adrannau'n heriol ac amrywiol. Yn ogystal gellir cael adrannau 'gwaeredol'.

Dechreuwch ar y llwybrau trac sengl gan ddatblygu eich sgiliau ac yna ewch ymlaen trwy'r graddau. Mae'r Parc Beiciau yn adran wahanol sy'n gofyn am set wahanol o sgiliau, nid yw'n ddilyniant o'r Ardal Trac Sengl.

Graddau Parc Beiciau

Graddfa llwybr beicio	Mathau o lwybrau ac arwyneb	Nodweddion graddiant a thechnegol y llwybr
 Parciau Beiciau Eithafol	Llwybrau sydd wedi eu cynllunio i fod yn galed gyda/neu nodweddion naturiol. Pob adran yn heriol. Cynnwys lefelau eithafol o berygl ac o/ neu risg. Gallu i neidio'n orfodol.	Yn cynnwys amrywiaeth o nodweddion llwybr technegol a graddiannau isel, cymedrol a serth iawn, yn ogystal â llwybrau gwaeredol, adrannau beicio'n rhydd a neidiau gorfodol.

Singletrack grading

Bike trail grade	Trail & surface types	Gradients & technical trail features (TTFs)
 Green Easy	Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing singletrack style sections.	Climbs and descents are mostly shallow. No challenging features.
 Blue Moderate	As "Green" plus specially constructed single track. Trail surface may include small obstacles of roots and rock.	Most gradients are moderate but may include short steep sections. Includes small TTF's.
 Red Difficult	Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types.	A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers and water crossings.
 Black Severe	As "Red" but with an expectation of greater challenge and continuous difficulty. Can include any useable trail and may include exposed open hill sections.	Expect large, committing and unavoidable TTF's. Sections will be challenging and variable. May also have "downhill" style sections.

Start on singletrack trails, building your skills, and progress through the grades. The Bike Park is a different area, requiring a different set of skills, it is not a progression from the Singletrack Zone.

Bike Park Grading

Bike trail grade	Trail & surface types	Gradients & technical trail features (TTFs)
 Bike Parks Extreme	Severe constructed trails and/or natural features. All sections will be challenging. Includes extreme levels of exposure and or risk. Jumping ability obligatory.	Will include a range of small medium and large TTF's, including downhill trails, free ride sections and mandatory jumps.

Gwybodaeth argyfwng

-  Cyfeirnod grid y pwynt hwn: SH721273
-  Enw'r pwynt: **Ardal sgiliau, Canolfan Ymwelwyr Coed y Brenin**
-  Uned Mân Anafiadau Agosaf: Ysbyty Dolgellau, Dolgellau, LL40 1NT. 01341 422479
-  Pe bai damwain: sicrhewch nad oes modd i rywun daro i mewn i chi neu rywun arall! Ffoniwch **999** a gofynnwch am ambiwlans. Byddwch yn barod i roi'r manylion canlynol;
 - Lleoliad y ddamwain (cyfeirnod grid a'r enw fel y nodir uchod)
 - Nifer y bobl sy'n rhan o'r grŵp.
 - Disgrifiad o'r ddamwain ac unrhyw anafiadau.
-  Signal ffôn symudol: Anghyson
-  Ffônau Cyhoeddus Agosaf: Ffôn argyfwng oren ar y briffordd, ger y fynedfa, ar gyffordd yr **A470**. Hefyd ffôn ar gael yn y Ganolfan Ymwelwyr, ar agor 9-5, 7 diwrnod yr wythnos.
-  Rhowch wybod i Gyfoeth Naturiol Cymru yn y ganolfan ymwelwyr: **01341 440747**

Emergency information

-  Grid Reference of this point: SH721273
-  Name of this point: **Skills Area, Coed y Brenin visitor centre**
-  Nearest Minor Injuries unit: Dolgellau Hospital, Dolgellau, LL40 1NT. 01341 422479
-  In case of an accident: Make sure no one can run you or anyone else over! Call **999** and ask for an ambulance. When connected be ready with the following details;
 - Incident location (grid ref and name as provided above)
 - Number of people in party.
 - Description of accident and any injuries.
-  Mobile Phone coverage: Patchy
-  Nearest Public phones: Emergency orange highways phone located at bottom of entrance drive on junction with **A470**. Also phone available in Visitor Centre, open 9-5, 7 days a week.
-  Inform Natural Resources Wales at the visitor centre: **01341 440747**

Ardal Sgiliau Y Ffowndri Skills Area





Y Ffowndri

Croeso i'r Ffowndri, Ardal Sgiliau Coed y Brenin

Mae gennych bedwar dewis:



1. Ardal Hyfforddi

Os ydych chi'n beicio mynydd am y tro cyntaf neu os ydych chi am ddysgu'r technegau sy'n hanfodol ar gyfer beicio oddi ar y ffordd, dyma'r lle delfrydol i ddechrau.



2. Ardal Trac sengl

Os ydych chi'n ymweld â Choed y Brenin am y tro cyntaf ac os nad ydych chi'n siŵr pa lwybr i'w ddewis, dewch i'r parth hwn i fesur eich gallu. Ceir pedwar math o lwybr sy'n amrywio o rai hawdd (gwyrdd) i rai anodd iawn (du). Dechreuwch ar lwybr hawdd gan symud ymlaen nes byddwch yn cyrraedd llwybr mwyaf addas i'ch gallu chi.



3. Ardal Reidio rhydd

Trac neidio/pwmpio Coed y Brenin ar gyfer beiciau mynydd!

Mae'n cynnwys 8 o gorneli ar oledf a nodweddion difyr rhyngddynt - cnyciau, twmpathau neidiau tro, cnyciau dwbl, llwyfannau, grisiau i fyny/grisiau i lawr a llawer mwy!



4. Ardal Neidio-dibyn

Yma ceir llechfaen naturiol o graig, Carreg Leming, lle gellir dewis o blith amrywiaeth o linellau, ond cofiwch edrych cyn neidio! Bydd yn rhaid i chi feicio ar hyd y trac sengl coch cyn y byddwch yn gymwys i gael mynediad i'r ardal hon!



Edrychwch allan am yr arwyddion rhybudd "Y Safon Uchaf". Efallai y byddwch am archwilio'r rhain cyn i chi feicio arnynt.

Y Ffowndri

Welcome to Y Ffowndri, the Coed y Brenin Skills Area

You have four choices:



1. Training Zone

If you're new to mountain biking or want to learn those essential, offroad riding techniques, then this is the place to start.



2. Singletrack Zone

If you're new to Coed y Brenin and not sure which grade of trail to ride head here to see what you're capable of. There are 4 grades of trail from easy (green) to severe (black). Start easy and progress till you find your level.



3. Freeride Zone

Coed y Brenin's jump/pump track for mountain bikes! 8 bermed turns, with fun features in between. Rollers, hips, doubles, table tops, step ups/downs and more!



4. Drop-off Zone

Featuring the Lemming Stone, a natural rock slab, where a variety of lines can be taken but remember, look before you leap! To access this area you'll have to ride the red singletrack to qualify!



Look out for these "Top of the grade" warning signs. You might want to inspect these features before you ride them.



Oes angen i chi wella eich sgiliau?

Chwiliwch am hyfforddwr cymwys lleol i'ch dysgu chi sut i feicio ar hyd llwybrau Coed y Brenin. Ewch i siop Beics Brenin yn y ganolfan ymwelwyr i gael rhagor o wybodaeth am y cyrsiau sydd ar gael.

Need to improve your skills?

Why not find a local qualified instructor to teach you how to ride the Coed y Brenin trails. Check Beics Brenin in the visitor centre for more info on available courses.

